

Ryde East Public School Newsletter Term 2 Week 2



9 May 2018



KINDERGARTEN LIFE SKILLS

PRINCIPAL'S REPORT

It was great to see so many students at school on Sunday 6 May for the Music Programs: Musical May Day. The students had the opportunity to engage in many different musical activities throughout the day, which culminated in a performance for families and friends at the end.

Thank you Mrs Lina Diaz, Mrs Lisa Cowgal and all of the coordinators for organising a great day. Thank you to the music tutors for conducting the activities and pulling the student performance together at the end. It was great to see so many happy and excited students performing for us.

Thank you to the P&C for organising the Mother's day stall on Monday and Tuesday. There were lots of lovely gifts for students to purchase. I am sure there will be a lot of happy mums on Sunday.

Just a reminder that the Mother's Day breakfast will be on Friday morning. If you are able to come, it would be great to see you there.

Happy Mother's Day for Sunday! I hope you are all spoilt by your children.

Please ensure that if you need to update your email details on Sentral, you do this as soon as possible, so that we are able to send correspondence to you about your child's absences.

Thank you to all the parents who have sent back the permission to publish note, we are currently collating this information to update our system. We are hoping to use more photographs in our newsletter and when the new website is up and running this will be a great platform for showcasing our students and their achievements.

NAPLAN assessment will take place next week on Tuesday 15 May, Wednesday 16 May and Thursday 17 May for year 3 and year 5 students. Please ensure your children are at school on time in the mornings.

I hope you all have a lovely week

Katrina Verinder, Principal

STAFF NEWS

We're taking it in our stride

Well it's that time of year again when our school seriously starts talking about walking! Walk Safely to School Day asks that we all consider our transport habits and try to incorporate more walking as part of a healthy, active way to get around. And although walking all the way to school isn't realistic for many of us, it's quite easy to figure out how you can build a walk into your family's daily routine.

You can teach your child the healthy habit of walking more by:

- Walking with them the whole way to school
- If they get the bus or train, walk past your usual stop and get on at the next stop
- If you have to drive, park the car a few blocks away from the school and walk the rest of the way.

Regular exercise like walking with your child not only helps them (and you!) beat chronic problems like obesity, heart disease, behavioural and mental health issues and diabetes. It also gives you a great opportunity to teach your child safe ways to behave around roads and traffic.

Remember, Active Kids are Healthy Kids so get planning your own Walk Safely to School Day journey for **Friday 18 May 2018!**

STUDENT NEWS—CROSS COUNTRY

Congratulations to all those students who participated in the school cross country last term. It was very exciting to watch our students taking part in this event, running around the school as they completed their laps. The results from the cross country are used to determine which students (8 years of age and up) will be invited to represent our school at the Zone Cross Country on **Thursday 30 May 2018**. Ribbons are allocated to place holders in the same groups as they competed in and not broken down in single age groups. These will be presented at this week's K-2 and 3-6 assemblies.

Mrs Spence and Ms Mitchell

Important Dates

Week 2

9 May – Year 1 Excursion

10 May – NS Dance Auditions

11 May – Mother's Day B/fast

- Infants Assembly
9.30am
- Primary Assembly
10.30am
(5/6S presenting)

Week 3

15 May – NAPLAN (Y 3 and 5)

16 May – NAPLAN (Y 3 and 5)
- Year 2 Excursion

17 May – NAPLAN (Y3 and 5)

18 May— Infants Assembly
9.30am

- Primary Assembly
10.30am
(4/5J presenting)

Week 4

21 May – Basketball 3-6

22 May – P&C Meeting

23 May – Footsteps Dance

24 May – Footsteps Dance

25 May – Gold Card Assembly

SPOTLIGHT ON LIFE SKILLS

Life Skills

This week the K-2 students began Life Skills. We are looking forward to a term of mindful skill building, while we learn to better focus, regulate and listen!



Basketball

Years 3 – 6 began Basketball sessions with a professional coach using our Sporting Schools grant.





TRIVIA SOCIAL NIGHT

Saturday 16th June: 6pm – 11pm in the School Hall

It's on again – the REPS parent social night of the year!

Come and be part of a fun-filled evening of trivia, games and prizes. Tickets will be on sale via Flexischools (\$30 per ticket) from Monday 14th May so get together with your friends to form a team of 8-10 people, or we can seat you with others if you prefer. If you have a team, please have details of your team and team name ready before you purchase your tickets online.

The theme this year is 'Hollywood'. You can either dress up as your all-time favourite movie character or the whole table can come as character from the same movie – think Star Wars, Grease or Minions 😊

Bring a plate/picnic dinner to share with your team. BYO drinks.

TRIVIA PRIZES

We are looking for prizes for our raffle as well as bottles of spirits or wine for our coin toss, competitions and game prizes. We would love to get some larger prizes which we can use in our silent and live auctions on the night. It would be great if we can get some prizes such as:

- Sports memorabilia
- Music memorabilia
- Voucher for Dining/ Spa treatments/ Experiences (Red Balloon etc)/Services

If you are able to donate, please contact me on 0414 669475 or email: siobhanreynolds@hotmail.com

And we'd love to have a few extra parents on the Trivia Night Committee – if you'd love to get involved in a super fun event, please let me know.

We're really looking forward to it and thank everyone in advance for their support!

Siobhan Reynolds & Tully Sharp-Butler

Trivia Night Coordinators

P&C NEWS

CAKE STALL – Sunday 27th May

Calling all volunteers!!

We are looking for volunteers to help us run the cake stall at the Music Festival on Sunday 27th of May. The stall will be running all day from 7:00am until 4:00pm and we are looking for people to volunteer for 2 hour shifts. We will be putting together a roster so please let us know if you're happy to help out.

We are also looking for volunteers to help sort and label all the donated goodies on Saturday 26th May between 3pm – 6pm in the school staffroom. It's a big job so all help will be most appreciated. If you can spare an hour or two, please do let us know.

As a friendly reminder, we will be sending your child home with a cake tray on Monday 21st of May. It would be fantastic if these can be filled with baked and/or store-bought goodies and returned to the school staffroom on the afternoon of Saturday 26th May or alternatively be dropped on to the cake stall on Sunday morning.

We can provide you with tin foil loaf and cake pans that you can bake in and patty pans for cupcakes so please do just get in contact with us if you would like these.

RYDE EAST MUSIC FESTIVAL

Sunday 27th May – HELPERS NEEDED

The Ryde East Music Festival is on Sunday 27th May. This is a fantastic fun filled day which raises a lot of funds for our school from outside our school community. We are looking for volunteers to make this day successful so please get involved. We need helpers for the following:

Hall Setup – Help with carrying and setting up music equipment/table/chairs in the school hall. This is on the afternoon of Saturday 26th May.

Driveway Attendant – Responsible for allowing authorised vehicles onto the school premises.

BBQ – Help to cook and serve on the BBQ.

Cake Stall – Responsible for selling cakes.

Programs – Year 5 & 6 students to be responsible for handing out programs.

Hall/Room Pack Up – Responsible for packing away music equipment/table/chairs.

If you are able to help please contact me on 0405 904 678 or at fundraising.reps@gmailcom

If you are unable to help on the day, please consider baking some cakes or slices for the Cake Stall, Remember – all proceeds made at the event go towards improving our school!



P&C MUSIC PROGRAM NEWS



MUSICAL MAY DAY – MUSIC MAKES THE WORLD GO ROUND

We had an amazing day of music making on Sunday. Over 90 children were inspired by 15 tutors with the help of around 40 parent volunteers in the lead up and through the day! A great time was had by students and tutors alike and we hope there is a renewed buzz as we are nearing some very important events. Events like these are only possible when many hands come together to offer the children an amazing day. Thank you to Sarah and Lara who put on an amazing assortment of lunch options, to all the volunteers who set up rooms, stands, instruments, prepped food, cleaned up and supervised children. A very big thank you also to Ms Verinder, Mrs Small and all the amazing staff at REPS. The biggest thanks goes to Mr Ward who is first person to show up and always the last to leave. Through his vision and dedication the music program at REPS started and continues to thrive, we are very grateful!

MOTHER'S DAY PERFORMANCES

On Friday we'll be entertained by the Guitar Ensemble as well as the String Ensembles. All students please meet at the picnic tables outside the hall at 8:00am sharp

REMF – VOLUNTEERS & RAFFLE PRIZES NEEDED

Yes, it's that time of year again, and we need your help. We are after volunteers to carry out the jobs of room supervisors, to hand out programs and to man the music program stall. A form will be sent out shortly which we hope will make sign up easier.

P&C NEWS

BUSKERS STATION

After the success of the busking station last year, its back. We'd like all the ensembles to participate and EVERYONE who has any musical talent is invited to join. The funds raised from the busking and from the raffle will go towards the purchase of audio and other equipment to help our rock band.

NEW STUDENTS

If you would like for your child to learn an instrument at school, it is never too late. Whilst some instruments are full, if there is a large enough interest then more days/times could become available. We are particularly interested in students seeking to learn flute, trumpet, trombone, euphonium, French horn, cello, viola or double bass. If your child is interested in learning other instruments or if they learn outside of school, we'd love to hear from you all.

DATES FOR YOUR DIARIES

Week 2 – Fri 11 May, Mother's Day Breakfast – Senior and Junior Strings performing, plus Guitar Ensemble – meet at 8:00am in front of picnic tables

Week 4 – Festival of Instrumental Music (FOIM) concert day – Sydney Opera House

Week 5 – Sun 27 May, Ryde East Music Festival: REPS Band and Performance Band competing; Buskers Station: all ensembles performing through the day

Week 8 – Sunday 17 June – Wahroonga Music Festival: REPS Band and Performance Band competing

Week 8 – Friday 22 June – Guitar Ensemble and Recorder Ensemble Gold Card Assembly Performance

COMMITTEE CONTACT DETAILS

Coordinators: Lina Diaz & Lisa Cowgill, rydeeastmusic@gmail.com

Secretary: Jennifer Harrison – musicsecretary.reps@gmail.com

Treasurer: Nick Barnes –
repsband@gmail.com

Band Manager: Kim Bunny –
manageband.reps@gmail.com

Events Coordinators: Sarah Rich and Lara Dominish – events.reps@gmail.com

Happy Music Making!

Lisa Cowgill & Lina Diaz

REPS P&C Music Program Coordinators



MUSICAL MAY DAY PHOTOS



MUSICAL MAY DAY PHOTOS



OOSH NEWS

Throughout the two weeks April holidays we had the pleasure of taking, children to exciting places and bringing entertainment to them at the centre. A few of this holiday's favourite excursions included going to the Moscow circus where we watched motorbikes flip, people, twisting and tightrope walkers risk their lives. Another favourite was the Tumbling School as the children watched a 6-year-old girl flip and flip and flip her way down the mats, they were then able to try jumping on the trampoline, swinging from ropes and climbing over obstacles. At OOSH, some of the incursions enjoyed by the children included the Master chef day that was full of incredible food including banana bread, mashed potato and home-made hummus, just to name a few. Another day that the children always enjoy was laser tag, setting up obstacles on the top oval allowed the children to experience the activity fully and they played individual and team games which were loved by all. Another fabulous two weeks enjoyed at the centre.

Week one of term two already, wow the year is flying by. On the pupil free day, many of the children came to the Movies and McDonald's excursion watching Peter Rabbit or Sherlock Knomes. On Tuesday OOSH and school were back in full swing. This week the children did ANZAC day craft, exploring national symbols of celebration and were encouraged to think about their own family history and experiences. The week was full of free play as the children caught up with their friends after the holidays. OOSH buzzed with conversations about holiday fun, including those days spent in Vacation Care. We look forward to the rest of the term, welcome back to OOSH for term two.

ANNUAL GENERAL MEETING

Ryde East OSHC Annual General Meeting (AGM) will be held on Tuesday 15th May 2018 at 6.30pm at the Centre. New parents are welcome to join the committee to assist with the running of the Centre.

Please inform of your attendance to Parthi on 9878 3773 or by email rydeeastoshc@optusnet.com.au

COMMUNITY NEWS

SCHOOL WATCH

New rosters, covering Term 2 and the winter holidays are being emailed to members this week.

Once again we can report that our school has been free of any major incidents over the past few months. However, there have been some security lapses and this highlights the importance of our patrols.

We have a good team but would still like more to join our roster, so we can share the effort! Duties are to only observe and report; we do not place ourselves at risk. Members must always avoid confronting situations and leave it to school security patrols or police to take appropriate action.

If you are willing to join our team or would like more information, please write a note or email the school office with your name, phone and email contact details and they will pass on your message.

Phillip Ward
Coordinator

**Enrolment
for Term 2**

**Learn Music
on the Keyboard
at school**



Music theory. Learning to play keyboard.
Music games. Introduction to music.

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🎵 Competitive rate - \$29 (GST incl.) per session 🎵
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🎵 Limited vacancy! 🎵

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COMMUNITY NEWS



Macquarie
ADHD
Parent Support Group Inc.

Supporting parents and carers of children & teens with ADHD, learning difficulties, and co-existing conditions

ADHD Transitions - Moving up to High School

Dr Caroline Stevenson

Clinical Psychologist

ADHD children usually have difficulty with transitions. One of the most significant transitions is moving up to high school. Parents struggle deciding which high school to send their ADHD child and worry about how they will manage in this new environment. In this talk Dr Stevenson will help parents consider what is important in secondary school selection and also offer strategies to make the transition as easy as possible. Caroline will also touch on the transition to tertiary study.

Dr Stevenson specialises in ADHD across the lifespan in her private practise in Frenchs Forest and is also a board member of ADHD Australia.

WHEN	Thu 31 May, 2018
TIME	7.00pm - 9.00pm (including question time and supper)
VENUE	Dunmore Lang College (adjacent Macquarie Uni) 130-134 Herring Road, NORTH RYDE, NSW 2113 <i>Transport: Macquarie Uni train station or Limited off-road and street parking.</i>
RSVP	www.trybooking.com/UTJZ
COST	\$5.00 online (or at the door if places available)

ALL WELCOME
Stay for supper to meet the speaker

ADHD Centre Helpline
Ph: 02 9889 5977 / 0416 111 036
Email: info@macquarieadhd.org.au