# Meet the Teacher

Stage 2 - Years 3 and 4 3H, 3PW, 3/4L, 4M, 4A, 4/5J

## Overview

- Class Structures
- \* Specialty Lessons and Staff
- \* Key Learning Areas
- \* Extra Curricular Activities
- \* Sport and PSSA
- Reminders and Payments
- \* Concerns
- \* Upcoming Events
- \* Crunch and Sip
- \* PBL
- \* Homework
- \* Classroom Visits

## Stage 2 Classes

Year 3 - 77 students and Year 4 - 84students

Stage 2 Assistant Principal - Mrs Doig

- 3H Miss Hoy
- 3PW- Mrs Pereira and Mr Warn
- ► 3/4L -Ms Mitchell
- 4M Mr Meredith
- 4A Mrs Aquilina and Mrs Kethel
- 4/5J Mr Johnson



## Specialty Lessons and Staff

- Physical Education Mr Hurkett
- Library Mrs Karevksi/Miss Findlater
- Music Miss Elisabeth Freer
- EALD Miss Lisa Sin
- Learning and Support Mrs Belinda Ramrakha & Mrs Judy Becker
- School Counsellor Viv Karas

Other Lessons/Activities

- Scripture Thursday 10.15-11.15
- 3-6 Assembly Wednesday
  Odd weeks @ 2.30pm
- Gold Card Assembly Wednesday
  Weeks 5 and 10 @ 2.30pm

## English

- Reading and Viewing
- Speaking and Listening
- Writing and Representing
- Handwriting and Using Digital Technologies - Pen licence
- Spelling
- Grammar, Punctuation and Vocabulary
- Thinking Imaginatively and Creatively
- Reflecting on Learning



## **Mathematics**

- Daily number sense
- Number and Algebra
- Measurement and Geometry
- Statistics and Data
- Visible Learning



## **Other Key Learning Areas**

- Geography Semester 1 The Earth's Environment
- History Semester 2
  First contacts
- Science Living World

## \* PDH/PE

- \* Physical Education
- Fundamental Movement
  Skills
- \* Positive Relationships
- \* Safety
- \* Child Protection
- \* Drug Education
- \* Creative Arts
  - \* Visual Arts
  - \* Drama
  - \* Dance
  - \* Music



## Extra Curricular

## Music Lessons and Bands

Chess Club

Art Club

Dance Group

Choir



## **PSSA and Sport**

Summer Terms 1 & 4

- PSSA T-Ball Yr 3&4
  - Softball Yr 5&6
- PSSA Newcombe Ball
  - Volleyball Yr 5 &6
- PSSA Cricket
- Environmental Group
- School Sport

Winter Terms 1, 2 & 3

- PSSA Netball (girls only)
- PSSA Football (Soccer)
- PSSA AFL
- PSSA Tiger Tag Yr 5&6
- Environmental Group
- School Sport

# Upcoming Events- see handout to be given out tomorrow

Term 1

- Swimming Carnival Wednesday 20 February
- Splash and Dash Colour Run Wednesday 10 April
- Parent/Teacher Interviews Week 11

Bookings made via our Sentral Parent Portal

### Term 2

NAPLAN 2019 for Years 3 and 5 - REPS are going online

- Term 2 Week 3 and 4 14<sup>th</sup> to 24<sup>th</sup> May
- Language Conventions/Writing
- Reading

Numeracy

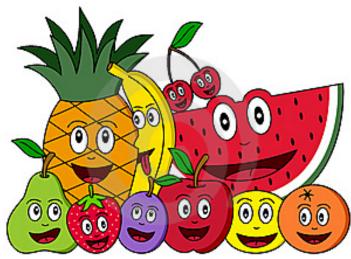
### Term 3

- School Photos Week 1 Term 3 Wed 24 July and 26
- School Art Show Term 3 Week 3

## Crunch&Sip<sup>®</sup> <sup>at</sup> Ryde East Public School

In conjunction with our encouragement to live life well at Ryde East, we are implementing this program as an easy way to help our kids stay happy and healthy!

What is Crunch&Sip?



### A bottle of plain water

When it comes to thirst, choose water first! Give your child a bottle of water to take to school every day.

### A whole piece of fruit or veg

Choose an easy to eat fruit or vegetable that isn't messy, such as a carrot, apple, mandarin or banana.

### Several whole, smaller fruit or veg

Use a container or bag to pack snow peas, corn, mushrooms, strawberries or grapes, for example.

# for Crunch&Sip

### Chopped fruit or veg

Pack a container of bite sized pieces of fruit or vegetables such as watermelon. mango, broccoli or cauliflower. If needed, remember to include a fork or spoon to avoid sticky fingers.

### Veggie sticks

Cucumber. capsicum, celery and carrot are great options.

### Canned fruit

Fresh fruit and veg are best, but fruit canned in water or natural juice is OK every now and then.

For example, apple, mango, apricots or sultanas, a maximum of once a week.

Dried fruit

### Helpful tips for Crunch&Sip<sup>®</sup>

Only fruit and vegetables are suitable for Crunch&Sip<sup>®</sup>. The following are NOT suitable: fruit juice; fruit products such as roll-ups, leathers or straps; potato or veggie chips; olives; fruit canned in syrup; popcorn.

Crunch&Sip<sup>®</sup> is a good opportunity to encourage your child to eat a variety of fruit and vegetables. Variety packs look great and are a good way to introduce new fruit and vegetables alongside more familiar or accepted ones.

Make sure whatever you pack is a suitable amount for your child and ready for them to eat. No chopping or preparing can be done at school. Include a fork or spoon when needed.

Prepare Crunch&Sip<sup>®</sup> snacks in advance. Plan for the week ahead by chopping all the snacks needed for Crunch&Sip® at one time. Or, simply cut extra vegetables when preparing dinner the night before.

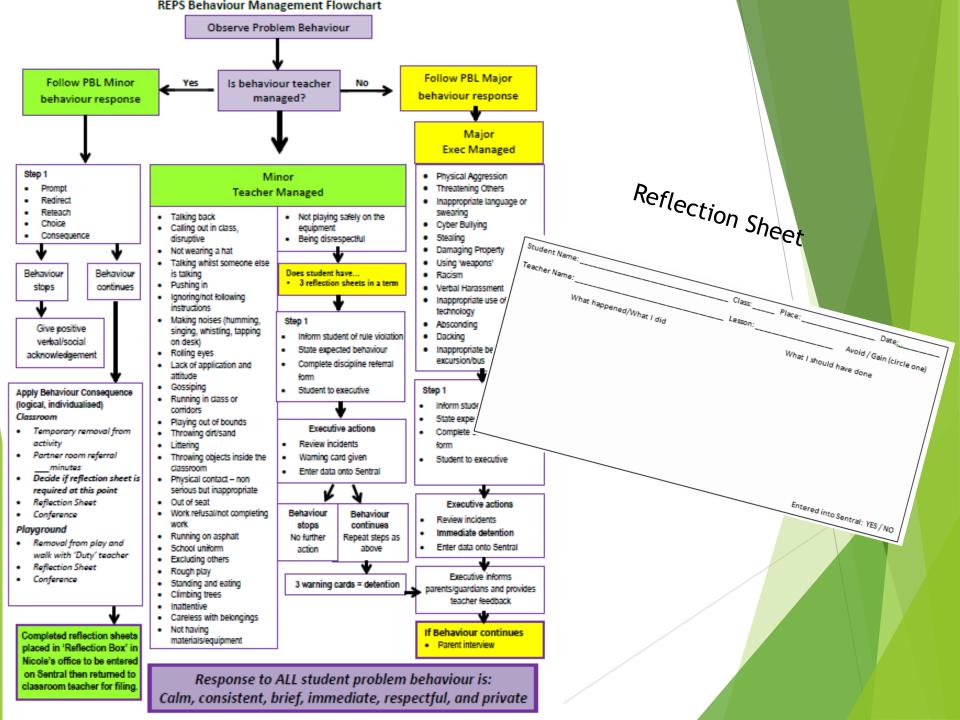
### Crunch&Sip<sup>®</sup> is an excellent opportunity to encourage vegetables. Research shows that most kids eat enough fruit, but they need to increase the amount of vegetables they eat every day. Raw veggies make a great snack for Crunch&Sip®.

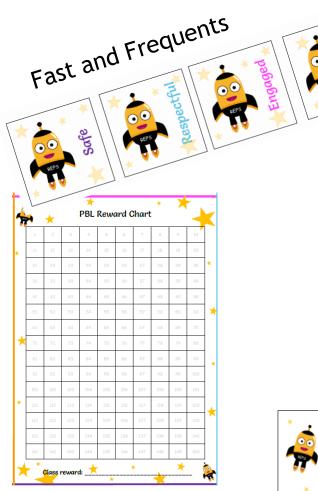
Dried fruit should 6 only be eaten occasionally, such as a maximum of once a week, as it sticks to teeth increasing the risk of tooth decay. Encourage your child to swish water around their mouth after eating dried fruit to help prevent tooth decay.

Note: Your child's school may request some food items not be brought to school where there are students with severe allergies.

## PBL at Ryde East









personal Best

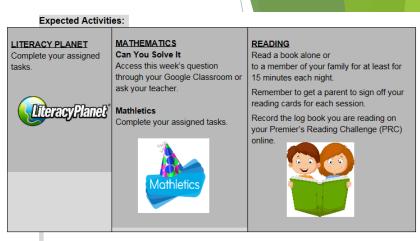
Gold Card Syst	em – Ryde East Pub	lic School 🗕
Collect 3 galaxy cards and/or weekly awards	Give to the class teacher	A Merit Award at Assembly
Collect 3 Merit Awards	Place in the 'Gold Card box' in the office by the Thursday of the week before the next Gold Card Assembly	A Gold Card Award at a Gold Card Assembly (Weeks 5 and 10) A letter will be sent home (up to a week before) to indicate this award is due to be handed out
Collect 3 Gold Card Awards	Place in the 'Gold Card box' in the office by the Thursday of the week before the next Gold Card Assembly	A Banner at a Gold Card Assembly (Weeks 5 and 10) A letter will be sent home (up to a week before) to indicate this award is due to be handed out
Collect 3 Banners	Hand in at the Office	Morning Tea with the Principal

## Homework

- Homework is not compulsory as per departmental policy therefore no consequences or rewards will be given for the completion of homework
- Homework will be given on a weekly rotation from Thursday-Thursday
- Homework will be sighted by the classroom teachers but no extensive marking will occur
- In addition to weekly homework students in Stage 2 and 3 students may be required to undertake research, projects, speeches and pre-readings related to topics studied in class. We will encourage all students to complete these tasks.
- We recommend that no more than 30 minutes should be spent each night on homework.

## Homework

- Each week students will be given a grid for homework
- It will include activities that are expected to be completed and others that are optional
   Grid activities may include:
- Online subscriptions eg. Mathletics and/or
  Literacy Planet revising concepts covered in class
- Home Reading
- Writing tasks
- Activities linked to Google Classroom
- Pre -reading in preparation for topics
- Maths challenges and activities
- Spelling activities
- PDHPE and or Creative Arts
- General Knowledge or current events



### Optional Activities - THROUGHOUT THE TERM

Multiplication Facts Practice your 2, 3, 4, 5 and 10 multiplication facts and then write each out three times.	Outdoor Activity Go to the local park with a family member or friend. • Kick a ball around • Bike ride • Throw a Frisbee • Walking etc.	Cartoon Strip Design and publish a cartoon strip of at least 8 boxes with a caption under each image that includes spelling words. Highlight the words.	Creative Art - Origami Find an origami with simple instructions to make and share with the class.
Word Search Create a 10 by 10 grid for a word search that uses as many spelling words as you can. Have a family member solve it.	Create a slideshow Plan and design a slideshow presentation (PowerPoint or Google Slides) on the topic of ROAD SAFETY. Be prepared to present it to the class.	Local Paper Discuss what is happening currently in the local community with your family. Cut and paste a section of the article into your homework book.	Creative Writing Imagine you are about to leave the house for school. When you open the door, you find a tunnel Write about the adventure that awaits you into your homework book.

## Reminders

Food

- Awareness of the needs of others
- Canteen Flexi Schools
- Carparks
  - Use of footpaths/safety
- Medications



- Kept at the office, note with dosage, from a doctor if prescription
- Absences and Extended Leave
  - Notify school of absence if child is sick
  - Extended Leave form required if more than 5 days
- Kiss and Ride
- School Website and App

## Payments

## Silver Mail Slot in Office

 Or Online via School Website

### P & C Yellow Box in Office

 Or Online via FlexiSchools





## Parent Helpers

We welcome parents who volunteer their time to help at REPS. If doing so, please ensure you have completed an Appendix 5 and have been to the office to show 100 points of ID.

## Concerns

If you have any concerns, please contact your child's teacher via a note, or an email to the school. If this matter needs further attention, it will then be referred to Mrs Doig rel. Deputy Principal and supervisor of the Stage. The matter may be referred to Miss Brett (Deputy Principal) or Ms Verinder (Principal) should this be necessary. Classroom Visits 10 minute walk through Thanks for you attendance. We look forward to a fun and rewarding year.